



**Tomasz Besta, PhD**

**University of Gdańsk, Associate Professor**

## **EDUCATION**

Ph.D., Institute of Psychology, Polish Academy of Sciences, Warsaw (11.2010); thesis: Integrative complexity and radicalization of attitudes in high and low stress conditions. Advisor: Professor Urszula Jakubowska

M.A., Institute of Psychology, University of Gdansk, Gdansk (06.2005); thesis: Relationship between religious fundamentalism, meaning of life, internal religious orientation and demographic variables. Advisor: Magdalena Błażek Ph.D.

## **WORK EXPERIENCE**

03.2019 -

Institute of Psychology University of Gdansk - Associate Professor

12.2010 - 03.2019

Institute of Psychology University of Gdansk - Assistant Professor

10.2007 - 12.2010

Institute of Psychology University of Gdansk - Lecturer

10.2005 - 06.2009

Warsaw School of Social Sciences and Humanities, Warsaw - Lecturer

## **RESEARCH INTERESTS**

Intergroup relations, collective action, self-verification and self-enhancement motives, identity fusion, radical behaviours and attitudes, political and religious extremism, intergroup and ethnic conflicts

## **TEACHING EXPERIENCE**

Intergroup Violence and Ethnic Conflicts, The psychology of Activism and Social Change, Social Psychology, General Psychology, Psychological Bases of Political Propaganda, Psychology of Individual Differences, Personality Psychology.

## **I. PUBLICATIONS**

### **IN JOURNALS**

Błażek, M., Besta, T. (2012). Self-concept clarity and religious orientations: Prediction of purpose in life and self-esteem. *Journal of Religion and Health*, 51(3), 947–960.

Besta, T., Kaźmierczak, M., Błażek, M. (2013). Identity fusion and status of the evaluator as moderators of self-enhancement and self-verification at the group level of self-description. *Polish Psychological Bulletin*, 44(4), 371-378. doi: 10.2478/ppb-2013-0040

Mrozowska, S., Kijewska, B., Besta, T. (2014). Społeczny wymiar procesu wdrażania energetyki jądrowej w Polsce [Social dimension of the process of nuclear energy's implementation in Poland]. *Ekooatom*, 13, 12-21.

Besta, T. (2014). Czynniki psychologiczne związane z percepcją bezpieczeństwa technologii energetycznych: Przegląd badań [Psychological factors associated with perception of safety of energy technologies: Review of the research]. *Przegląd Naukowo-Metodyczny. Edukacja dla Bezpieczeństwa*, 3(24), 361-370.

Besta, T. (2014). Psychological mechanisms underlying perception and evaluation of risks related to technology: Short overview. *European Journal of Transformation Studies*, 2(2), 27-33.

Besta, T., Barczak, A., Lewnadowska-Walter, A., Dozois, D. J. A. (2014). Polish version of the Cognitive Distortions Scale (CDS): Preliminary validation and personality correlates. *Current Issues in Personality Psychology*, 2(3), 177-183. doi:10.5114/cipp.2014.46234

Besta, T., Gómez, Á., Vázquez, A. (2014). Readiness to deny group's wrongdoings and willingness to fight for its members: the role of the Poles' identity fusion with the country and religious group. *Current Issues in Personality Psychology*, 2(1), 49-55. doi: 10.5114/cipp.2014.43101

Jaśkiewicz, M., Besta, T. (2014). Is easy access related to better life? Walkability and overlapping of personal and communal identity as predictors of quality of life. *Applied Research in Quality of Life*, 9(3), 505-516, DOI: 10.1007/s11482-013-9246-6

Besta, T. (2014). Overlap between personal and group identity and its relation with radical pro-group attitudes: Data from a Central European cultural context. *Studia Psychologica*, 56(1), 67-81.

Jaśkiewicz, M., Besta, T. (2014). Heart and mind in public transport: Analysis of motives, satisfaction and psychological correlates of public transportation usage in the Gdańsk-Sopot-Gdynia Tricity agglomeration in Poland. *Transportation Research Part F: Traffic Psychology and Behaviour*, 26, Part A, 92-101.

Swann, W. B., Buhrmester, M. D., Gómez, Á., Jettem, J., Bastian, B., Vázquez, A., Ariyanto, A., Besta, T., Christ, O., Cui, L., Finchilescu, G., González, R., Goto, N., Hornsey, M., Susianto, H., Sharma, S., Zhang, A. (2014). What makes a group worth dying for? Identity fusion fosters perception of familial ties, promoting self-sacrifice. *Journal of Personality and Social Psychology*, 106(6), 912-926. doi: 10.1037/a0036089

Besta, T., Kaźmierczak, M., Błażek, M. (2015). Przynależność grupowa i poczucie osobistego sprawstwa: Rola fuzji tożsamości i klarowności Ja. *Psychologia Społeczna*, 10 3 (34), 283-295.

Besta, T., Szulc, M., & Jaśkiewicz, M. (2015). Political extremism, group membership, and personality traits: Who accepts violence? *Revista de Psicología Social: International Journal of Social Psychology*, 3, 563-585. doi:10.1080/02134748.2015.1065085

Błażek, M., Kaźmierczak, M., Besta, T. (2015). Sense of purpose in life and escape from Self as the predictors of quality of life in clinical samples. *Journal of Religion and Health*, 54(2), 517-523. DOI: 10.1007/s10943-014-9833-3

Besta, T., Mattingly, B., & Błażek, M. (2016). When membership gives strength to act: Inclusion of the group into the self and feeling of personal agency. *The Journal of Social Psychology*, 156(1), 56-73. doi:10.1080/00224545.2015.10

Besta, T., & Jurek, P. (2016). Zastosowanie skali poczucia rozszerzenia Ja w miejscu pracy w warunkach polskich. *Psychologia Ekonomiczna*, 10, 41-58. doi:10.15678/PJOEP.2016.10.04

Kosakowska-Berezecka, N., Besta, T. (2016). Which is better in fat times and in lean times: The Macho Man vs. the Nice Guy? Priming effects on Polish and Norwegian students' mate preferences. *Current Psychology*, online first. doi:10.1007/s12144-016-9530-3

Teymoori, A., Jetten, J., Bastian, B., Ariyanto, A., Autin, F., Ayub, N., Badea, C., Besta, T., Butera, F., Costa-Lopes, R., Cui, L., Fantini, C., Finchilescu, G., Gaertner, L., Gollwitzer, M., Gómez, Á., Gonzalez, R., Hong, Y. Y., Jensen, D. H., Karasawa, M., Kessler, T., Klein, O., Lima, M., Mähönen, T. A., Megevan, L., Morton, T., Paladino, P., Polya, T., Ruza, A., Shahrazad, W., Sharma, S., Torres, A. R., van der Bles, A. M., Wohl, M. (2016). Revisiting the measurement of anomie. *Plos One*. e0158370. doi:10.1371/journal.pone.0158370

Mrozowska, S., Besta, T., Kijewska, B., Goodwin, R., Crone, T. (2016). Trust in the source of received information as a factor related to public perception of shale gas drilling. *Current Issue in Personality Psychology*, 4(4), 240–252. doi: <https://doi.org/10.5114/cipp.2016.63938>

Jaśkiewicz, M., Besta, T. (2016). Polish version of the Neighbourhood Environment Walkability Scale (NEWS-Poland). *International Journal of Environmental Research and Public Health*, 13(11), 1090; doi: 10.3390/ijerph13111090.

Kosakowska-Berezecka, N., Besta, T., Adamska, K., Jaśkiewicz, M., Jurek, P., Vandello, J. A. (2016). If my masculinity is threatened I won't support gender equality? The role of agentic self- stereotyping in restoration of manhood and perception of gender relations. *Psychology of Men & Masculinity*, 17(3), 274-284. doi:10.1037/ men0000016

Jaśkiewicz, M., Besta, T. (2017). Out of place' in the city: Development of socio-spatial disorder sensitivity scale in urban settings. *Journal of Community Psychology*, 45(2), 250–266 doi: 10.1002/jcop.21846.

Besta, T., & Zawadzka, A. M. (2017). Expansion of the self of activists and nonactivists involved in mass gatherings for collective action. *Group Processes & Intergroup Relations*, online first. doi: 10.1177/1368430217735903

Kosakowska-Berezecka, N., Jurek, P., Besta, T., & Badowska, S. (2017). Self- presentation strategies, fear of success and anticipation of future success among university and high school students. *Frontiers in Psychology*, 8:1884. <https://doi.org/10.3389/fpsyg.2017.01884>

Lawendowski, R., Besta, T., Drzewiczewska, M. (2017). Rozwój tożsamości muzycznej w perspektywie dialogu z innymi. *Miscellanea Anthropologica et Sociologica*, 18(4).

Besta, T., Jaśkiewicz, M., Kosakowska-Berezecka, N., Lawendowski, R., & Zawadzka, A. M. (2018). What do I gain from joining crowds? Does self-expansion help to explain the relationship between identity fusion, group efficacy and collective action. *European Journal of Social Psychology*, 48, O152-O167. doi:<https://doi.org/10.1002/ejsp.2332>

Besta, T. (2018). Independent and Interdependent? Agentic and Communal? Self- construals of People Fused with a Group. *Anales de Psicología / Annals of Psychology*, 43(1), 123-134. <http://dx.doi.org/10.6018/analesps.34.1.266201>

Besta, T., Bojko, J., Pytlos, A., Tomiałowicz, E., Kosakowska-Berezecka, N., Bäck, E. A., Vázquez Botana, A. (2018). Individual self-expansion through the involvement in multiple social groups and its relationship with self-efficacy. *Polish Psychological Bulletin*, 49(1), 77–85. doi: 10.24425/119474

Kossakowski, R., & Besta, T. (2018). Football, Conservative Values and a Feeling of Oneness with the Group: A Study of Polish Football Fandom. *East European Politics & Societies and Cultures*, online first. <https://doi.org/10.1177/0888325418756991>

Besta, T., & Kossakowski, R. (2018). Football supporters: Group identity, perception of in-group and out-group members and pro-group action tendencies. *Revista de Psicología del Deporte / Journal of Sport Psychology*, 27(2), 15-22.

Kosakowska-Berezecka, N., Jurek, P., Besta, T., Korzeniewska, L., Seibt, B. (2018). De-gender them! Gendered vs cooperative division of housework - cross-cultural comparison of Polish and Norwegian students. *Current Psychology*, online first. doi: <https://doi.org/10.1007/s12144-018-9915-6>

Smith, H. J., Pettigrew, T. F., Jetten, J., Ariyanto, A., Autin, F., Ayub, N., Badea, C., Besta, T., Butera, F., Costa-Lopes, R., Cui, L., Fantini, C., Finchilescu, G., Gaertner, L., Gollwitzer, M., Gómez, A., González, R., Hong, Y. Y., Jensen, D. H., Karasawa, M., Kessler, T., Klein, O., Lima, M., Renvik, T. A., Jasinskaja, I., Megevand, L., Morton, T., Paladino, P., Polya, T., Ruza, A., Shahrazad, W., Shama, S., Teymoori, A., Torres, A. R., van der Bles, A. M., Wohl, M.

(2018). Cultural values moderate the impact of relative deprivation. *Journal of Cross-Cultural Psychology*, online first. doi: 1.00r.g1/107.171/0770/20202022121818778844213

Smeeke, A., Jetten, J., Verkuyten, M., Wohl, M.A., Jasinskaja-Lahti, I., Ariyanto, A., Autin, F., Ayub, N., Badea, C., Besta, T., Butera, F., Costa-Lopes, R., Cui, L., Fantini, C., Finchilescu, G., Gaertner, L., Gollwitzer, M., Gómez, A., González, R., Hong, Y. Y., Jensen, D. H., Karasawa, M., Kessler, T., Klein, O., Lima, M., Renvik, T. A., Megevand, L., Morton, T., Paladino, P., Polya, T., Ruza, A., Shahrazad, W., Sharma, S., Teymoori, A., Torres, A. R., van der Bles, A. M. (2018). Regaining in-group continuity in times of anxiety about the group's future: A study on the role of collective nostalgia across 27 countries. *Social Psychology*, 49(6), 311-329. doi:10.1027/1864-9335/a000350

Lawendowski, R., Besta, T. (2018). Is participation in music festivals a self-expansion opportunity? Identity, self-perception, and the importance of music's functions. *Musicae Scientiae, online first*, <https://doi.org/10.1177/1029864918792593>

Sprong, S., Jetten, J., Wang, Z., Peters, K., Mols, F., Verkuyten, M., Bastian, B., Ariyanto, A., Autin, F., Ayub, N., Badea, C., Besta, T., Butera, F., Costa-Lopes, R., Cui, L., Fantini, C., Finchilescu, G., Gaertner, L., Gollwitzer, M., Gómez, A., González, R., Hong, Y. Y., Jensen, D. H., Karasawa, M., Kessler, T., Klein, O., Lima, M., Jasinskaja, I., Megevand, L., Morton, T., Paladino, P., Polya, T., Renvik, T. A., Ruza, A., Shahrazad, W., Sharma, S., Smith, H. J., Torres, A. R., van der Bles, A. M., Wohl, M.A. (under review). Regaining in-group continuity in times of anxiety about the group's future: A study on the role of collective nostalgia across 27 countries. *Psychological Science, under review*.

Jasko, K., & Besta, T. (2018). Activism—Radicalization—Protest: An Introduction to a Special Section. *Social Psychological Bulletin*, 13(4), e32244. doi:<https://doi.org/10.32872/spb.v13i4.32244>

Jaśkiewicz, M., & Besta, T. (2018). Place attachment and collective action tendency. *Social Psychological Bulletin*, 13(4), e25612. doi:<https://doi.org/10.32872/spb.v13i4.25612>

Besta, T., Jurek, P., Iwanowska, M., & Szostakowski, D. (2019). Multiple group membership and collective actions of opinion-based internet groups: The case of protests against abortion law restriction in Poland. *Computers in Human Behavior*, Online first. doi:10.1016/j.chb.2019.01.025

Jurek, P., Besta, T. (2019). Employees' self-expansion as a mediator between perceived work conditions and work engagement and productive behaviors. *Current Psychology, online first*.

Besta, T., Akbas, G., Renström, E. A., Kosakowska-Berezecka, N., & Vazquez, A. (2019). Liking Low-Status? Contextual and individual differences in attributional biases of low-status outgroup members. *Journal of Social and Political Psychology*, 7(1), 192-212. doi:<https://doi.org/10.5964/jpspp.v7i1.951>

## BOOKS & CHAPTERS

Kosakowska-Berezecka, N., Besta, T. (2013). Cultural sensitivity and intergroup conflicts – how to be culturally intelligent and nip the conflict in the bud? W: S. Mrozowska, T. Besta & A. Zgrundo (red.), *Educational challenges in the cultural space of European Union* (47-68). Gdańsk: Wydawnictwo UG.

Mrozowska, S., Besta, T., Zgrundo, A. (red.) (2013). *Educational challenges in the cultural space of European Union*. Gdańsk: Wydawnictwo UG.

Besta, T., Nyka, M. (2015). Zastosowanie technik deliberatywnych w dydaktyce akademickiej i praktyce społecznej. W: S. Mrozowska, i G. Penkowska (red.), Uniwersytet Jutra (s. 107-137). Kraków: Libron.

Besta, T. (2016). The role of shared group beliefs, framing effect, affect and reasoning in perception of technology. W: S. Mrozowska (red.), *Social science and energy issues* (s. 109-119). Kraków: Libron.

Besta, T., Kosakowska-Berezecka, N. (2017). Między grupami. Przewodnik po relacjach z ludźmi, którzy się od nas różnią [Between groups: The guide to relation with people different from us]. Sopot: Smak Słowa.

## **INTERNATIONAL AND NATIONAL GRANTS**

2006-2008: researcher in grant no. 1 H01F 015 30, "Election campaigns: the importance of categorical information and content" awarded by Polish Ministry of Science and Education to principal investigator prof. U. Jakubowska (sum 35 000 polish zlotych).

2011-2014: principal investigator in grant no. 2011/01/D/HS6/02282 "Identity fusion and its consequences for attitudes and behaviors", awarded by National Science Centre in Poland SONATA 1 program (sum 76 540 polish zlotych).

2012-2013: leading researcher and coordinator of the module "Societies of the EU and multiculturalism" in grant no. 2012-2805/001-001 "Children's University for Europe" awarded by European Commission in Lifelong Learning Jean Monnet Programme to principal investigator Sylwia Mrozowska Ph. D. (sum 41 520 Euro).

2013-2016: researcher in international grant no. 111/2013 "Socio-Cultural and Psychological Predictors of Gender Equality and Work-Life Balance – Cross-Cultural Comparison of Polish and Norwegian Families" awarded by the Polish National Centre for Research and Development in the Polish-Norwegian Research Programme Core Call 2012 to principal investigator Natasza Kosakowska-Berezecka Ph.D. (sum 2 900 000 polish zlotych).

2015 (02.2015-03.2015): teaching internship at the University Houston-Downtown for the project „Public Understanding of Technology”, awarded as a part of "The University of Tomorrow: internationalization of the educational process at the University of Gdansk via cooperation with the University Houston-Downtown” co-financed by the European Union under the European Social Fund, Human Capital Operational Programme; principal investigator Tomasz Zarzycki Ph. D.

2015-2018 principal investigator in grant "When voluntary accommodation gives strength to act: Consequences of feeling of oneness with a group for perception of the Self and outgroups' members", awarded by National Science Centre in Poland SONATA BIS 4 program no 2014/14/E/HS6/00587 (sum 385 650 polish zlotych).

2015-2018: leading researcher in grant “Psychological and environmental determinants of urban quality of life”, awarded by National Science Centre in Poland SONATA 8 program to principal investigator Michał Jaśkiewicz, Ph.D (sum 251 520 polish zlotych).

2017: leading researcher in „Cross-national gender research: What comparisons of different cultural contexts can tell us about gender and gender roles (GENCUL)”, awarded by the Polish National Centre for Research and Development; principal investigator Natasza Kosakowska-Berezecka Ph.D..

2018-2021: researcher in grant NCN HARMONIA 9 „Toward Gender Harmony – Understanding the Relationship between Masculinity Threat and Gender Equality Across Cultures” awarded by National Science Centre in Poland to principal investigator Natasza Kosakowska-Berezecka, Ph. D (sum 637 000 polish zlotych).

## **CONFERENCE PRESENTATION (SELECTION)**

\*Besta, T., Błażek, M., Kaźmierczak, M. (2012). Identity fusion, radicalization of attitudes and feeling of agency on group and personal level of self-definition. EASP Small Group Meeting on Control Experience, Power and Intergroup Relations, 02-05.07, Kazimierz Dolny.

\*Besta, T., Studzińska, A. (2013). Compensatory agentic self-description among men as a function of exposure to fertility of women - preliminary studies. Motivation in Social Context Conference, 30.06-02.07, Kraków.

Jaśkiewicz, M., Besta, T. (2013). “Out of place” in the city: social capital, prejudice and socio-spatial order violation sensitivity. International Conference on Environmental Psychology, 22-25.10, Barcelona.

Kosakowska-Berezecka, N., Besta, T., Jurek, P., Adamska, K., Jaśkiewicz, M., Kryś, K. (2015). If my masculinity is threatened I avoid household duties? - Gender identity threat and preferences for feminine and masculine activities. IACPP Regional Conference, 28-31.07, San Cristóbol de la Casas, Chiapas, Meksyk.

\*Kosakowska-Berezecka, N., Besta, T., Żadkowska, M. (2015). Why men restrain from household duties? The role of culture and agentic self-stereotyping in restoration of manhood and perception of gender relations. Keynote presentation on SPSSI-EASP Joint Meeting: Time are a-Changing but Men's Roles are Slow to Change: Developing a Research Agenda on the Underrepresentation of men in Communal Roles, 05-07, Leuven, Belgia.

Jaśkiewicz, M., Besta, T. (2016). Neighborhood disorder and quality of life: the mediating role of attachment and identity-related variables. Second World Conference on Personality, 31.03-04.04. Buzios, Brazylia.

Kosakowska-Berezecka, N., Besta, T. (2016). When family man might be valued more than agentic macho? Annual Scientific Meeting of the International Society of Political Psychology (ISPP), Warszawa, Polska.

\*Besta, T., Akbas, G., Bäck, E., Kosakowska-Berezecka, N., Vazquez, A. (2016). Attribution biases among people challenging social hierarchy. Annual Scientific Meeting of the International Society of Political Psychology (ISPP), 13-16.07, Warszawa, Polska.

\*Besta, T., Jaskiewicz, M., Kosakowska-Berezecka, N., Lawendowski, R., Zawadzka, A. M. (2016). Social identity, group-efficacy and collective action: Does self-expansion help us understand relationship between them? Annual Scientific Meeting of the International Society of Political Psychology (ISPP), 13-16.07, Warszawa, Polska.

\*Besta, T., Zawadzka, A. M., Lawendowski, R. (2016). Relationship between inclusion of social group into the self, feeling of self-expansion and self-efficacy. 31st International Congress of Psychology, 24-29.07, Yokohama, Japonia.

\*Besta, T., Akbas, G., Bäck, E., Kosakowska-Berezecka, N., Vazquez, A. (2016). Who's irrational? Attribution of rationality to the low-status out-groups by hierarchy attenuating students. IACPP 23rd International Congress, 30.07–03.08, Nagoya, Japonia.

Kosakowska-Berezecka, N., Besta, T., Safdar, S., Jurek, P., Bhardwaj, G. (2017). Which man is better in fat and lean times? Perception of communal and agentic men. 18th EASP General Meeting, 05-08.07, Grenada.

Kosakowska-Berezecka, N., Żadkowska, M., Besta, T., Szlendak, T. (2017). The role of state policies and inclusiveness of host culture in adjusting to gender equality – the case of Polish migrants in Norway. IACCP regional conference, 16-19.07, Warszawa.

\*Besta, T., Kosakowska-Berezecka, N., Bäck, E., Vazquez, A. (2017). When mere multiple group memberships are not enough: Individual self-expansion through involvement in social groups and self-efficacy belief. IACCP regional conference, 16-19.07, Warszawa.

\*Besta, T., Zawadzka, A. M. (2017). Activist identity and self-expansion during mass gatherings as predictors of collective action tendencies. The ESCON 2017 Transfer of Knowledge Conference, 23-28.08, Gdańsk.

Kosakowska-Berezecka, N., Besta, T., Kowalska, K., Pilipuk, K. (2018). Multiple group memberships, collective action intentions and attitudes towards outgroups. IACPP 24th International Congress, 01.07–05.07, Guelph, Kanada.

\*Besta, T., Jurek, P., Iwanowska, M., & Szostakowski, D. (2019). Opinion-based collective actions: Multiple group membership and protests against abortion law restriction. Annual Scientific Meeting of the International Society of Political Psychology (ISPP), 12-15.07, Lizbona, Portugalia.

## **EDITORIAL BOARDS**

Current Issues in Personality Psychology, *Editor*, Termedia Publishing House

Social Psychological Bulletin (Psychologia Społeczna); *Associate Editor*, PsychOpen GOLD

## **MEMBERSHIP**

International Society of Political Psychology

European Association of Social Psychology

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