

## CURRICULUM VITAE

**dr hab. Natasza Kosakowska-Berezecka, Associate Professor**

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**date of birth** 18<sup>th</sup> December 1979

**nationality** Polish

**gender** Female

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### EDUCATION

2019 Habilitation in Social Sciences "Psychology" – Faculty of Social Sciences, University of Gdansk, Poland

subject of habilitation thesis: *Gender stereotyping and the perception of communality and agency of women and men in cultural and cross-cultural perspectives*

2008 Doctoral thesis in Psychology – Institute of Psychology, University of Gdansk, Poland

Dissertation: *Influence of individual's identity on perception of gender roles*

2005 Master of Science in Psychology – Institute of Psychology, University of Gdansk, Poland

Master's thesis: *Developmental stage and judgements of women and men in the context of traditional and non-traditional gender roles*

### WORK EXPERIENCE

since 2019 Associate professor – Division of Cross-Cultural and Gender Psychology, Institute of Psychology at University of Gdansk, Poland

2008-2019 Assistant professor – Division of Cross-Cultural and Gender Psychology, Institute of Psychology at University of Gdansk, Poland

since 2008 Erasmus Program Coordinator, Institute of Psychology, University of Gdańsk, Poland

since 2008 Mediator, Polish Mediation Centre

2006-2008 Lecturer & Researcher – Division of Cross-Cultural and Gender Psychology, Institute of Psychology at University of Gdansk, Poland

since 2005 Freelance trainer & expert: gender equality, diversity management, cultural adaptation trainings for multicultural groups

2003-2006 Assistant Researcher & Lecturer – Division of Cross-Cultural and Gender Psychology, Institute of Psychology at University of Gdansk, Poland

### ADDITIONAL FUNCTIONS

Editor Frontiers in Psychology, Social Psychology Bulletin, Health Psychology Report, Consulting Editor in International Journal of Stress Management

Ad-hoc Psychology of Men and Masculinity, Men and Masculinities, Psychology of Women

Reviewer Quarterly, Sex Roles, International Journal of Psychology, Journal of Cross-Cultural Psychology, Current Psychology

### MEMBERSHIP OF SCIENTIFIC SOCIETIES

since 2010 European Association of Social Psychology

since 2006 International Association of Cross-Cultural Psychology

## AWARDS

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- 2020 1st degree Rector's Award – University of Gdansk
- 2019 Special Award: Success Written with a Lipstick – competition awarding Polish women for their merits in building innovative environment in different areas of business, special award “as of unique value for social innovations, forward thinking in building diversity within business”
- 2013 *Medal of Commission of National Education*
- 2009-2010 Junior Research Scholarship, University of Gdansk Foundation. - September 2010 – Scholarship for Scientific Project carried out within the field of Developmental Aid funded by Polish Ministry of Foreign Affairs.
- 2005 Witkin Okonji Award, International Association for Cross-Cultural Psychology.  
Membership: - International Association for Cross-Cultural Psychology - European Association of Social Psychology

## PROJECT MANAGEMENT AND PARTICIPATION (selected)

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### **Principal Investigator**

- 2018-2021 Towards Gender Harmony, NCN HARMONIA, nr UMO-2017/26/M/HS6/00360, partners: Jennifer Bosson (University of South Florida, USA) (main collaborator); Saba Safdar (University of Guelph, Canada), Joseph Vandello (University of South Florida, USA) (main collaborator), Anna Włodarczyk (Universidad Catolica del Norte), Magdalena Zawisza (Anglia Ruskin University, UK) (637.000 PLN)
- 2017: Cross-national gender research: What comparisons of different cultural contexts can tell us about gender and gender roles” (GENCUL), Polish-Norwegian Research Grant, FWD/71/2017, partners: dr Sarah Martiny, The Arctic University of Norway, Tromsø, Norwegia (19355,85 PLN)
- 2013-2016 – Norway Grants, Core Call 2012 - Socio-Cultural and Psychological Predictors of Work-Life Balance And Gender Equality: CrossCultural Comparison of Polish And Norwegian Families. No PolNor/202343/62/2013 (2900000 PLN)
- 2011-onwards – The role of personal and social identity in the process of stereotypization and perspective taking – cross-cultural comparison: Poland, India & Canada (University of Gdansk, grant no BW- 583-7417-0699-1)
- 2010/2011 – Regulatory function of personal and social identity in the process of stereotypization across cultures (University of Gdansk, grant no BW 538-7417-0899-12).
- 2009/2010 – Identity and perception of cultural diversity - cultural intelligence and effective performance in multicultural setting. (University of Gdansk, grant no BW- 7417-5-0624-0).

### **Project investigator**

- 2015-2018 - When voluntary accommodation to others gives strength for action: Consequences of group fusion on self-perception of perception of outgroups (National Science, SONATA BIS 4).
- 2012/2013 – researcher and trainer in W&M project – a Woman and a Man – leaders of Pomeranian Micro and Medium Enterprises (9WNDPOKL.08.01.01-22-048/10, European Social Fund)
- 2013 – Author and expert (with Magdalena Żadkowska, PhD) of *Program and organizational recommendations for personal consulting for women and their partners and Innovative program and organizational recommendations for adaptation training system (model for adaptation to work)* in „PI – Innowacyjny model godzenia przez kobiety życia zawodowego i rodzinnego”eng. *PI – Innovative model of Work Life Balance for Women* financed by European Social Found POKL.08.01.01-14-004/12
- 2010/2011 – Coping with winning and losing. The role competition in school motivation - cross-cultural perspective. Project leader: Márta Fülöp, Eotvos Lorand University)

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2009/2011 – researcher and trainer of W&M project – a Woman and a Man – leaders of Pomeranian Enterprises (UDA-POKL.08.01.01.-22-179/09, European Social Fund)/ The project was the winner of European Social Fund Good Practice Award for 2011 – Equal Opportunities in field of Gender.

### **Other managerial achievements**

2018-2020 – Member of the Organizing Team – IACCP Culture and Psychology Summer School.

2017 – co-organization IACCP 2017 pre-conference workshops at University of Gdańsk that attracted over 60 participants from different countries and is co-chairing organizing IACCP Culture & Psychology Summer School at University of Guelph, Canada

2007 – onwards – Erasmus Program Coordinator, Institute of Psychology, University of Gdańsk (management of over 25 European bilateral agreements).

2006 – 2015 – co-organizer of annual International/National Conference Woman in Culture at University of Gdańsk. It focuses on the quality of life of men and women across the globe.

since 2006 – co-organization the Division of Cross-Cultural Psychology and Gender Psychology, along with 2-year cross-cultural/gender psychology MS program for students.

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### **SELELCTED RECENT PUBLICATIONS**

#### **Paper in Peer-reviewed Journal:**

Kosakowska-Berezecka, N., Besta, T., Bosson, J.K., Jurek, P., Vandello, J.A., Best, D.L., Włodarczyk, A., Safdar, S., Zawisza, M., Żadkowska, M. and Sobiecki, J. et al., (2020) Country-level and Individual-level Predictors of Men's Support for Gender Equality in 42 Countries. *European Journal of Social Psychology*. <https://doi.org/10.1002/ejsp.2696>

Żadkowska, M., Kosakowska-Berezecka, N., Besta, T., Szlendak, T. (2020). When migrant men become more involved in household and childcare duties – the case of Polish migrants in Norway. *Journal of Family Studies*. <https://doi.org/10.1080/13229400.2020.1712222>

Kosakowska-Berezecka, N., Jurek, P., Besta, T., Korzeniewska, L., Seibt, B. (2018). De-gender them! Gendered vs cooperative division of housework – cross-cultural comparison of Polish and Norwegian students. *Current Psychology*. <https://doi.org/10.1007/s12144-018-9915-6>

Kosakowska-Berezecka, N., Besta, T. (2018). Which is Better in Fat Times and in Lean Times: the Macho Man vs. the Nice Guy? Priming Effects on Polish and Norwegian Students' Mate Preferences. *Current Psychology*, 37, 568-573. <https://doi.org/10.1007/s12144-016-9530-3>

Besta, T., Jaśkiewicz, M., Kosakowska-Berezecka, N., Lawendowski, R., & Zawadzka, A. M. (2018). What do I gain from joining crowds?: Does self-expansion help understand the relationship among social identity, group efficacy, and collective action? *European Journal of Social Psychology*, 48(2), 152-167. <https://doi.org/10.1002/ejsp.2332>

Kosakowska-Berezecka, N., Safdar, S., Bhardwaj, G., Jurek, P. (2018). Evaluations of men in domestic roles in Canada, Norway, Poland, & India. *Journal of Men's Studies*, 26(2), 143-156. <https://doi.org/10.1177/10608265177734379>

Besta, T., Bojko, J., Pytlos, A., Tomiałowicz, E., Kosakowska-Berezecka, N., Bäck, E. A., & Vázquez Botana, A. (2018). Individual self-expansion through the involvement in multiple social groups and its relationship with self-efficacy. *Polish Psychological Bulletin*, 49, 77–85. <https://doi.org/10.24425/119474>

Kosakowska-Berezecka, N., Jurek, P., Besta, T., Badowska, S. (2017). Self-Presentation Strategies, Fear of Success and Anticipation of Future Success among University and High School Students. *Frontiers in Psychology*, 8(1884). <http://dx.doi.org/10.3389/fpsyg.2017.01884>

Krys, K; Swidrak, J; Kwiatkowska, A; Kosakowska-Berezecka, N., Vedøy, G. (2017). Organizations Do Not Support Migrants in Solving their Work-Life Conflict. *International Journal of Stress Management*. <http://dx.doi.org/10.1037/str0000070>

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Kosakowska-Berezecka, N., Besta, T., Adamska, K., Jaśkiewicz, M., Jurek, P., Vandello, J. A (2016). If My Masculinity is Threatened I Won't Support Gender Equality? The Role of Agentic Self-Stereotyping in Restoration of Manhood and Perception of Gender Relations. *Psychology of Men & Masculinity*, 17, 274-284. <http://dx.doi.org/10.1037/men00000166>

Kosakowska-Berezecka, N., Korzeniewska, L., & Kaczorowska, M. (2016). Sharing housework can be healthy: cultural and psychological factors influencing men's involvement in household maintenance. *Health Psychology Report*, 4(3), 189–201. <http://dx.doi.org/10.5114/hpr.2016.62232>

### **Authorship of Monographs**

Kulich, C., de Lemus, S., Kosakowska-Berezecka, N., Lorenzi-Cioldi, F. (Eds.) (2018). *Multiple Identities Management*. Lausanne: Frontiers Media. doi: 10.3389/978-2-88945-429-7

Besta, T., Kosakowska-Berezecka, N. (2017). *Między grupami. Przewodnik po relacjach z ludźmi, którzy się od nas różnią [Between groups. Practical guide on how to build relations with people who are different from us]*. Gdańsk: Smak Słowa.

Kosakowska-Berezecka, N., Żadkowska, M., Gajewska, M., Wroczyńska, A., Znaniecka, M. (2016). *Navigator for couples. Manual for Couples*. University of Gdansk Publishing house: e-book: <https://towardsgenderharmony.ug.edu.pl/wp-content/uploads/2019/01/Podr%C4%99cznik-dla-par-EN-1.pdf>

Kosakowska-Berezecka, N., Żadkowska, M., Gajewska, M., Wroczyńska, A., Znaniecka, M. (2016). *Course on Work-life Balance for Couples. Manual for Educators*. University of Gdansk Publishing house: E-book: <https://towardsgenderharmony.ug.edu.pl/wp-content/uploads/2019/01/Podr%C4%99cznik-trenerski-EN-1.pdf>

Safdar, S., Kosakowska-Berezecka, N. (Eds.) (2016). *Psychology of gender through the lens of culture: theories and applications*. Springer.

### **Chapters in Edited Books**

Vescio, T. & Kosakowska-Berezecka, N. (2020, in press). The not so subtle and status quo maintaining nature of every Day Sexism. In: F. Cheung & D. Halpern (Eds.), *Cambridge International Handbook on Psychology of Women*. Cambridge University Press

Kosakowska-Berezecka, N., Żadkowska, M., Gjerstad, B., Świdrak, J., Kwiatkowska, A., Odden, G., Ryndyk, O., Kryś, K., & Vedøy, G. (2018). Changing country, changing gender roles—migration and transformation of gender roles within the family—a case of Polish migrants in Norway. In M. R. T. de Guzman, J. Brown, and C. P. Edwards (Eds.), *Parenting from afar: The reconfiguration of family across distance*. New York: Oxford University Press.

Żadkowska, M., Kosakowska-Berezecka, N., & Ryndyk, O. (2018). Two worlds of fatherhood - comparing the use of parental leave among Polish fathers in Poland and in Norway. In: K. Slany, E. Guriye, P. Pustułka, M. Ślusarczyk. *Transnational Polish Families in Norway: Social Capital, Integration, Institutions and Care*, Warsaw: Peter Lang International Academic Publishers.

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### **RESEARCH INTERESTS**

Cross-cultural psychology  
Social psychology of gender  
Intergroup relations & identity threats  
Social change and collective actions